



City of Pittsburgh

510 City-County Building
414 Grant Street
Pittsburgh, PA 15219

Text File

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Committee: City Council

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WHEREAS, the late Dr. James Magovern created the **Hearts in the Park Walk** in 2004 to promote healthy lifestyles, and raise awareness that exercise through walking is a simple and an enjoyable path to a healthy heart for people of all ages; and,

WHEREAS, the event offers free blood pressure screenings, personal consultations with nurses and physicians from the Allegheny General Hospital Cardiovascular Institute, and educational programs on diet, exercise, weight control, and relaxation techniques, to help participants achieve a heart-healthy lifestyle; and,

WHEREAS, the **Hearts in the Park Walk** also supports the Allegheny Heart Institute's unique "*Walk to Win Program*" that partners with neighboring elementary schools to promote physical activity in children and teach them about the dangers of childhood obesity; and,

WHEREAS, Allegheny General Hospital has developed less invasive techniques for heart bypass surgery and valve replacements through groundbreaking cardiovascular research, helping heart patients lead more productive lives after surgery, and further contributing to the hospital's record of outstanding patient care; and,

WHEREAS, on Saturday, May 9, 2015, the community will gather for the **12th Annual Hearts in the Park Walk**; a 2-mile walk through the historic Allegheny Commons Park; and,

NOW, THEREFORE, BE IT RESOLVED that the Council of the City of Pittsburgh does hereby recognize and honor the Allegheny General Hospital Cardiovascular Institute, as well as its sponsors and participants for promoting community engagement and healthy lifestyles through this unique annual event; and,

BE IT FURTHER RESOLVED that the Council of the City of Pittsburgh does hereby proclaim Saturday, May 9, 2015, to be "**Hearts in the Park Walk Day**" in the City of Pittsburgh.