

## City of Pittsburgh

510 City-County Building 414 Grant Street Pittsburgh, PA 15219

## Legislation Details (With Text)

**File #:** 2021-1512 **Version**: 1

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Enactment date: 5/17/2021 Enactment #: 299

**Effective date:** 5/17/2021

Title: WHEREAS, Teen Mental Health Awareness Day is designed to raise awareness that mental health is

essential for teens; and that mental health issues deserve to be treated as health issues, with care

and compassion; and,

**Sponsors:** Erika Strassburger, All Members

Indexes: PROCLAMATION - MRS. STRASSBURGER

Code sections:

## Attachments:

Date	Ver.	Action By	Action	Result
5/17/2021	1	City Council	Adopted	Pass

WHEREAS, Teen Mental Health Awareness Day is designed to raise awareness that mental health is essential for teens; and that mental health issues deserve to be treated as health issues, with care and compassion; and,

WHEREAS, 22.9% of children in the US have or have had a psychiatric disorder, with half of all psychiatric illnesses occurring before the age of 14 and 75% by the age of 24; and,

WHEREAS, teens experience high levels of anxiety thinking about the future and the caveats that come with it, including gun violence, police brutality, global warming, and a pandemic, all of which we see at excessive rates due to overconsumption of news and media; and,

WHEREAS, teens today pave the way for a better tomorrow and it is essential that they learn early on the importance of mental health to work towards a more tolerant future. have a more tolerant future; and,

WHEREAS, current public discourse and policy decision-making surrounding the mental health of teenagers fails to place teens at the forefront, denying them a crucial and active role in designing much needed change.; and,

WHEREAS, teens experiencing mental illness and mental health issues face damaging and destructive stigma due to the lack of education about mental health; and,

WHEREAS, we recognize the interconnectedness between school, stigma, and mental health and strive to create more equitable learning environments for youth who may be battling with mental health issues; and,

WHEREAS, we fight not only for mental health advocacy, but for the intersectionality between mental health and race and ethnicity, with the understanding that teens in marginalized communities experience a large disparity with mental health services, all while having higher rates of mental health disorders.

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**NOW, THEREFORE BE IT RESOLVED**, that the Council of the City of Pittsburgh does hereby recognize the importance of teen mental health dialogue and policy; and,

**BE IT FURTHER RESOLVED**, that the Council of the City of Pittsburgh does hereby declare May 23rd, 2021 as "Teen Mental Health Awareness Day" in the City of Pittsburgh.