



City of Pittsburgh

510 City-County Building
414 Grant Street
Pittsburgh, PA 15219

Text File

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Committee: City Council

Status: Adopted

WHEREAS, the late Dr. James Magovern created the **Hearts in the Park Walk** in 2004 to promote awareness that exercise through walking is a simple and an enjoyable path to a healthy heart for both young and old; and

WHEREAS, the event offers an opportunity to talk personally with nurses and physicians from the McGinnis Cardiovascular Institute with free blood pressure screenings, as well as educational information on achieving a heart-healthy lifestyle, including diet, exercise, weight control and relaxation techniques; and

WHEREAS, the **Hearts in the Park Walk** also supports the Allegheny Heart Institute's "*Walk to Win Program*" that partners with neighboring elementary schools to promote physical activity in children and teach them about the dangers of childhood obesity; and

WHEREAS, the cardiovascular research at Allegheny General Hospital has resulted in less invasive techniques for heart bypass surgery and valve replacements, that lead to improved patient care and help heart patients lead more productive lives after surgery; and

WHEREAS, on Saturday, May 11, 2013, the community will gather for the 2 mile walk through Allegheny Commons Park, for the **10th Annual Hearts in the Park Walk**;

NOW, THEREFORE, BE IT RESOLVED that the Council of the City of Pittsburgh does hereby recognize and honor the important work of this program and commends all of its sponsors and participants; and

BE IT FURTHER RESOLVED that the Council of the City of Pittsburgh does hereby proclaim Saturday, May 11, 2013, to be "**Hearts in the Park Walk Day**" in the City of Pittsburgh.