



City of Pittsburgh

510 City-County Building
414 Grant Street
Pittsburgh, PA 15219

Text File

Introduced: 4/14/2009

Bill No: 2009-1298, **Version:** 1

Committee: City Council

Status: Adopted

WHEREAS, Strong Women Strong Girls is a non-profit program that fosters high aspirations among elementary school girls, helping them develop the skills they need for life-long success, and cultivates leadership and professional development for undergraduate college women; and,

WHEREAS, Strong Women Strong Girls trains college women as mentors who then engage the third through fifth grade girls during after school hours utilizing a research based curriculum that incorporates the study of contemporary and historic female role models, skill building activities and strong relationships with mentors and one another; and,

WHEREAS, Strong Women Strong Girls emphasizes the development of the college women who volunteer as mentors by providing them with extensive training and opportunities to be matched with professional women in one-on-one mentor relationships creating generations of mentoring ; and,

WHEREAS, Strong Women Strong Girls provides programming to more than 220 girls at 17 partner sites throughout the City of Pittsburgh and in Homestead, working with more than 70 college volunteers from Carlow University, Carnegie Mellon University, Duquesne University, Point Park University and the University of Pittsburgh; and,

WHEREAS, Strong Women Strong Girls will host a very special after school event, **“Jump Into Spring!”** for participating girls on April 15, 2009, on McCloskey Field at Duquesne University where girls will rotate through various activity stations with jump ropes, each reinforcing skills learned throughout the year; and,

WHEREAS, the “Jump into Spring!” activity stations will be hosted by **Strong Women Strong Girls** partners and will include The Pittsburgh Passion football team hosting the “Unique Talents and Abilities” station where girls will learn trick jumping; the women athletes from Duquesne University running the “Communication” station where girls will learn double dutch and single rope counting games; Breathe Yoga Studio doing the “Stress Management” station using jump ropes in various yoga moves; First Commonwealth hosting the “Lifelong Learning” station where girls will capture their experience making a scrapbook; and, to highlight “Determination,” Teresa Conn, founder of the Pittsburgh Passion will speak followed by a “jump-off” between a Pittsburgh Passion player and a Pittsburgh Steeler.

NOW, THEREFORE BE IT RESOLVED, that the Council of the City of Pittsburgh does hereby commend **Strong Women Strong Girls** for the critical impact it is making in Pittsburgh's future by supporting girls and women in our region; and,

BE IT FURTHER RESOLVED, that the Council of the City of Pittsburgh does hereby declare Tuesday, April 14, 2009, to be **“STRONG WOMEN STRONG GIRLS JUMP INTO SPRING DAY”** in the City of Pittsburgh.